

5TH ANNUAL WRITING CONTEST WINNERS

# NEWPORT

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# Life

MAGAZINE

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## EAT GREEN

### LOCAL FARMERS ARE MINDFUL

about clean growing practices, spend their income close to home and focus on environmental preservation. Lucky for Newport County, there are several places to purchase local and organic options from farmers' markets and specialty grocers to a new general store located in Jamestown that sells products and prepared meals made from organic and local ingredients. "Our goal is to promote healing from within through food by educating the community about conscious eating and responsible sourcing," says Michael Jacquard of Jamestown Mercantile. Wherever you shop, seasonal, fresh-picked, nutrient-rich food is only a short trip from a local farm to your table.

## IRISH HERITAGE MONTH

THIS YEAR MARKS THE 59TH annual St. Patrick's Day Parade—a can't miss event to celebrate Newport's Irish Heritage Month. Throughout March, the Newport Irish Heritage Association, in collaboration with other organizations, hosts events throughout the city, including free bus tours of Irish Newport. Don't miss a visit to the Newport Irish History Museum's Interactive Center March 13-15. The museum provides historical exhibits and information from the 1600s to present, including photographs, videos, and artifacts. President Mike Slein says, "The Irish are the fabric of Newport County; they helped construct [it] through hard labor and a sense of contribution to the community."

[newportirishhistory.org](http://newportirishhistory.org)  
[aohnewport.org](http://aohnewport.org)  
[newportirish.com](http://newportirish.com)



Members of the New Haven County Firefighters Emerald Society pipe and drum band march in the 2014 St. Patrick's Day Parade in Newport.