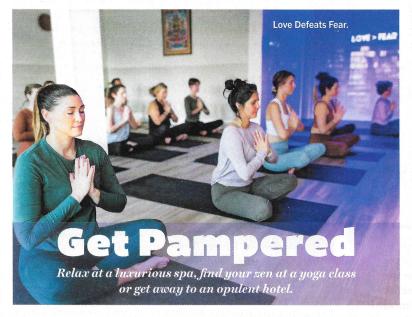
# Chill Out, Indoors

There are plenty of places to keep you warm and entertained this winter season.



## **Unwind at a Spa**

Relax in a mineral rich pool or cold plunge pool to revitalize your body at the Bodhi Spa in Newport or Providence. Take it easy with massages, facials, body scrubs, manis and pedis at the restorative OH! Spa at the Preserve in Richmond. Experience true luxury with a Swedish massage at Butter Day Spa in Pawtucket. Feel like your best self again with soothing massages, tension-relieving stretch services and customized facials at Massage Envy's various locations. Embark on your healing journey with the Himalayan sea salt wall and infrared sauna at Spa Fjör in Newport. thebodhispa.com; ohspaatthepreserve.com; butterdayspa. com; massageenvy.com; hotelviking.com/spa

# **Stretch It Out**

Connect the mind to the body through breathing and movement at Love Defeats Fear in Newport. Try out aerial yoga to strengthen your core at Raffa Life in Cranston. Take an adventurous barre or hip-hop vinyasa class at Wild Flow Barre and Yoga in Wickford. Stop by The Woods Yoga & Sauna in Lincoln for a relaxing and natural experience on bamboo flooring. lovedefeatsfear.com; raffa life.com; wildflowri.com; thewoodsyoga.com

### **Get Away**

If you're looking for a luxurious weekend away, head to **Hotel Viking** in Newport or the opulent **Ocean House** on Watch Hill. Or if you're craving summer vibes in the heart of winter, plan a visit to the **Surf Shack Bed and Breakfast** in Narragansett. *hotelviking.com; oceanhouseri.com; surfshacknarragansett.com* 



# **Museum Madness**

These must-visit museums offer glimpses into Rhode Island life.

FOR THE HISTORY BUFF: Museum of Newport Irish History, Newport, newportirishhistory.org; Naval War College Museum, Newport, usnwc. edu/NWC-Museum; The International Museum of World War II, Wakefield, wwiifoundation.org; Veterans Memorial Museum, Woonsocket, veterans memorialmuseumri.org; Museum of Natural History and Planetarium, Providence, providence ri.gov/museum

# FOR THE MOTORHEAD AND SPORTS FANATIC:

The International Tennis Hall of Fame, Newport, tennisfame.com; Audrain Automobile Museum, Newport, audrainautomuseum.org; Newport Car Museum, Middletown, newportcarmuseum.org

FOR THE ART LOVER: RISD Museum, Providence, risdmuseum.org; Newport Art Museum, newport artmuseum.org; Bristol Art Museum, bristolart museum.org

# FOR THE ASPIRING OCEANOGRAPHER: The

Sailing Museum, Newport, thesailingmuseum.org; Living Sharks Museum, Westerly, livingsharks.org

# FOR THE CULTURE ENTHUSIAST: Museum of

Work & Culture, Woonsocket, rihs.org; Cape Verdean Museum, Pawtucket, capeverdeanmuseum. org; The Tomaquag Museum, Exeter, tomaquag museum.org; Stages of Freedom, Providence, stages offreedom.org

FOR THE TECH WIZ: The Rhode Island Computer Museum, Warwick, ricomputermuseum.org; Electromagnetic Pinball Museum and Restoration, Pawtucket, electromagnetic pinballmuseum.com